

Dear Parent / Guardian,

Swimming is unique – it is the only sport that can save lives

Did you know that more than half of children aged 7-11 years old cannot swim 25 metres unaided? This equates to 1.1 million children that are unable to be safe in and around water.

Swimming is not just great exercise for young limbs providing none weight bearing activity, it is also a skill for life that could save your child's life in the future.

Would you like your child to learn to swim?

At Salford Community Leisure, we follow the ASA National Plan for Teaching Swimming to take the non swimmer from their first splash to becoming a confident swimmer. Our qualified instructors take all children through a structured programme that teaches new skills and techniques in an enjoyable and safe environment.

Lessons run across all our six swimming pools across Salford:

- Fit City Broughton Pool
- Fit City Clarendon
- Fit City Eccles
- Fit City Pendlebury
- Fit City Worsley
- Irlam & Cadishead Leisure Centre

Swimming lessons are great value at only £3.85 each and run everyday: Monday to Friday 4:00 - 7:00pm, Saturday mornings and Sunday afternoons.

Plus we have just released over 300 new places so whatever level and whether your child is nervous or confident we will find the right lesson so they can learn to swim.

To find out more and register your interest, visit www.salfordcommunityleisure.co.uk or contact our Swimming Manager, Marie Leather on 0161 778 0772 .

GO swim

Start to swim

(ASA stages 1-4)

Whatever level and whether your child is nervous or confident we will find the right group so they can learn to swim.

FROM ONLY
£3.85
A WEEK



A skill for life....

LIMITED AVAILABILITY

salfordcommunityleisure.co.uk/sport

