

Physical Education

Our aims for all pupils at St Andrew's:

- Children to enjoy physical activity
- Experience a range of different sports and activities
- Understand the benefits and impact of being healthy on their bodies and mind
- Provide opportunities to partake in competitions

PE in school:

We have ensured pupils have the opportunities to revisit and develop their knowledge, skills and understanding throughout their PE journey with us at St. Andrew's.

Skills are constantly being built upon and get harder through the key stages.

We have the same threads that run through our PE lessons on a 1/2 termly basis, these being: fundamental skills, sport specific skills, tactics, and competition and review.

End of key stage aims:

EYFS - To have developed basic skills such as kicking, throwing and catching and have control over their bodies when dancing, running and moving.

KS1 - To introduce specific sports where children can develop new skills such as hitting and learn the basic tactics of invasion.

KS2 - To know the rules, strategies and tactics from a number of sports that informs their movements within a game and competitions

What sports do we offer?

- Dance
- Gymnastics
- Swimming (Y3)
- Outdoor Education (Y4 & Y6)
- Athletics
- Racquet sports: tennis, badminton
- Invasion games:
 1. Stick-ball games: cricket, lacrosse, hockey
 2. Ball games: netball, football, rugby, basketball

Active playtimes:



Brand new equipment



Traverse wall



Climbing equipment



Scoters



MUGA
(Multi-use games area)

Additional opportunities:



Lunchtime sports coach



Chris Yates



Druhm